

# Affirmations

I follow my purpose with clarity of mind.  
Harmony is the heart of my community.  
I strive for a higher view.  
My spiritual life is evolving into greater light.  
I set limits and boundaries.  
I am magnetic to my desires.  
I express my soul in everything I do.  
I radiate health.  
Today I will let go and deeply relax.  
I allow new opportunities to be revealed.  
I am thankful for my unique and wonderful life.  
My deepest truth sustains me.  
My guardians are always with me.  
Relationships evolve.  
I say what I need to say.  
I express my uniqueness in positive ways.  
I have good ideas and follow them where they lead.  
I am timeless.  
Guidance comes in mysterious ways.  
My faith is the logic that moves beyond my fears.  
I am restored by moments of serenity.  
I return to the source of my being.  
Intuitive answers come to me all of the time.  
We live in a unique plane of the universe.  
I am in the right place at the right time.  
I express consistent generosity.  
I step through the mystical portal into my new life.  
I accept sacred healing.  
I actualize my inner strength and power.  
I see and appreciate the abundance around me.  
Kindness is the jewel of great magnitude.  
I experience the joy of authentic service.  
Today I let myself feel lucky.  
I am as free as I choose to be.  
I give birth to my new life.  
I have faith in the innate goodness of people.  
My friends are a true blessing.  
I follow the direction of my soul.  
Life is a forever flowing sacred river.  
I trust the goodness of the universe.  
Great mystery lives in the core of my being.

Courageous transformation is infusing me.  
I am guided, protected and blessed.  
My course is set for infinity.  
Joy is a choice and I choose it now.  
I reflect on the things I adore.  
I communicate from my deepest truth.  
I awaken to my highest and best potential.  
Breathing in and breathing out I return to my center.  
I accept the flow of Divine love.  
I manifest my desires in timely ways.  
Miracles are a natural part of living.  
The more I risk the more I am alive.  
I nurture family and fiends.  
My healing begins in dreams.  
Life is a continuous miracle.  
I always feel perfectly at home.  
I am happy right where I am.  
As I am guided so I guide others.  
Devine mystery transforms my world.  
I affirm my connectedness with all beings.  
I know what I want and I ask for it.  
I consistently make wise decisions.  
I touch others with a soft smile.  
I wake up each morning refreshed and renewed.  
My true beauty comes from within.  
I consciously embark on an amazing journey.  
I am endearing loyalty.  
The light of my soul radiates without limits.  
I practice living in harmony with all beings.  
I can laugh at how seriously I take myself.  
Spirit guides me in wonderful ways.  
I take time for rest and renewal.  
I take pleasure in the perfection of the moment.  
My mind and my heart are in agreement.  
I share the essence of who I am.  
I am ready to see my life in new ways.  
I leap to my next level with assurance.  
I allow others to be exactly as they are.  
I trust my intuitive insights.  
I follow the bliss of my hearts desires.  
When I commune with nature my spirit is renewed.  
I let my life and work be an instrument of peace.  
People are as kind as I allow them to be.  
I take action that supports my truth.  
Timeless source renews my spirit.  
I make the quality of my life.

I accept the bounty of the universe.  
I appreciate how far I have traveled.  
I listen with my heart while others share their stories.  
I can be uplifted and grounded at the same time.  
I am a genuinely warm personality.  
I easily let go of old habits.  
I trust the clarity of my heart.  
Everyday I become more loving.  
My intuition makes the unknown available to me.  
I am involved in the evolution of humanity.  
I weave a life pattern.  
I am thankful that my ancestors live on through me.  
I use my power wisely.  
I can change and heal only myself.  
All circumstances offer a greater gift.  
I love and appreciate my uniqueness.  
I come to life through meditation.  
I tell the truth with integrity and compassion.  
I look for the good in people and find it.  
Alternatives are made clear and practical.  
I make a covenant to actualize my truth.  
I give thanks, I give thanks, I give thanks.  
I recognize the value of taking my time.  
I am a receptacle for divine love.  
I put my faith in small steps.  
I transform anger into a positive force.  
I dance in the circle of life.  
I send loving energy to those in need.  
Taking risks leads me to a rebirth in enthusiasm.  
I open to receive guidance in marvelous ways.  
I follow my deepest inspiration.  
When I review my life I am pleased.  
I release the past with clarity.